



Cramond

RESIDENCE

Care Without Compromise

Edinburgh's Finest Care Home

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Welcome to Edinburgh's Finest Care Home

At Cramond Residence we provide a unique combination of luxury accommodation and the highest quality of care.

Set in a lovely leafy location, our purpose-built residence offers small-group living in nine beautifully appointed homes, with all residents enjoying an exceptional range of amenities and activities alongside an individually tailored menu of freshly prepared, delicious food.

Our team of highly trained healthcare professionals provide the very best in bespoke care. They offer kindness, compassion and expertise to ensure that all residents live rich and fulfilling lives.

Sarah Freeman, Managing Director





Our Care

At Cramond Residence
we are proud to say
‘we provide care
without compromise’.

Our nurse-led approach to care is based on bespoke personal care plans that bring together all aspects of a resident’s health and wellbeing – from nutritional advice and emotional wellbeing, to physiotherapy and activities. These plans are regularly updated and reviewed, incorporating family input, and are linked to our unique mobile app. This provides real peace of mind by allowing family members to access their loved one’s care plan remotely.

A DEDICATED TEAM OF NURSES AND CARERS

Because we focus on each individual’s needs, we are able to offer exactly the right level and type of care. This is delivered by our dedicated team of highly qualified and carefully trained healthcare professionals. Thanks to our excellent staff-to-resident ratio, we are able to provide exceptional levels of support and attention to each and every resident.

Residential Care

We offer a residential care environment that combines luxury living with the comfort and friendliness of home.

Our welcoming Residence is organised around the concept of small-group living, with residents having a luxury private en-suite room in one of nine individual home communities. This approach is incredibly beneficial to our residents' physical health and mental well-being. Sharing delicious food, socialising with friends and taking part in interesting and stimulating activities helps residents to enjoy themselves and reach their full potential.





Respite Care

We know that sometimes you and those who care for you just need a break.

For those times when you and your carers need a helping hand, our short-term care packages are the perfect solution. All your needs will be taken care of and you'll have a bespoke package of nursing care and activities designed to offer comfort and relaxation. Our Respite Care packages are available from one week to three months.

EVERYONE GETS A BREAK

If you're a carer, you can rest assured that your loved one will be able to enjoy all the benefits that Cramond Residence offers, including luxurious accommodation, freshly prepared nutritious meals, fantastic facilities and a wide range of activities and entertainment. This should give you the peace of mind you need to really relax and enjoy your break.

Recuperative Care

A stay at Cramond Residence is a restful way to recover from illness or surgery.

If you or a loved one have had to spend time in hospital or have had a debilitating illness, the thought of recovering at home with limited help may feel daunting. A temporary stay at Cramond Residence is the answer.

GETTING YOU HOME SAFELY

Our recuperative and convalescent care is tailored to individual needs. Where appropriate, we will deliver the recovery strategy prepared by your doctor or physiotherapist. We aim to help our guests to recover their strength, get their independence back and safely resume their lives.



Dementia Care

We offer the care and compassion that someone living with dementia needs to reach their full potential.

Helping a relative living with dementia to lead a fulfilling life can become challenging within the home environment. We offer a solution that is always in the best interest of the person living with dementia.

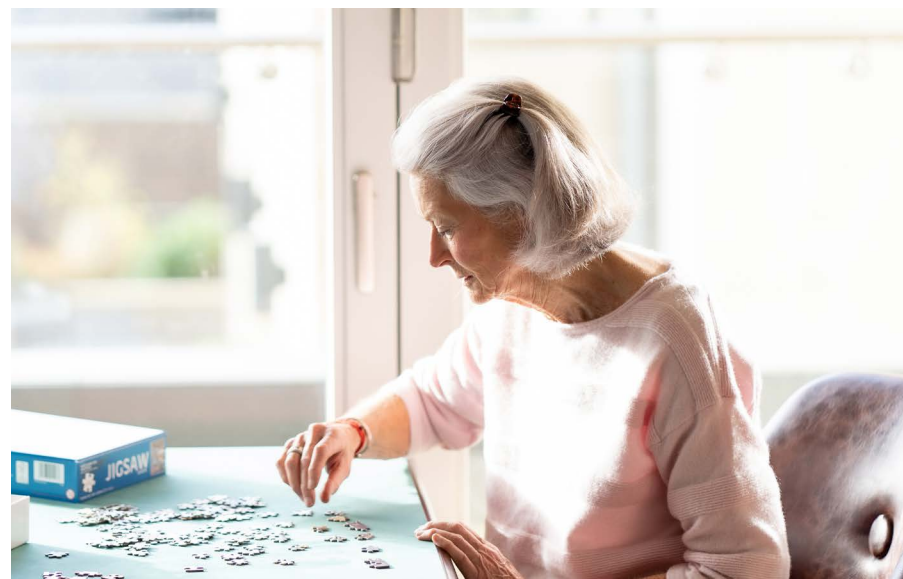
SPECIALIST CARE

We provide a warm and welcoming sanctuary in which those living with dementia will feel safe and will have their every need met. Our dementia care is offered within the general Care Home community or in our specialist area, which has been carefully designed to suit those living with a more advanced stage of dementia.

CARE, EMPATHY AND COMPASSION

All residents living with dementia are cared for by our team of specially trained healthcare professionals, all of whom have the highest levels of clinical skill, empathy and compassion.

We also provide a wide range of physiotherapy treatments and activities that have been specially designed to give those living with dementia a richer and more satisfying life. Our Lifestyle Co-ordinators are particularly passionate about helping all our residents living with dementia reach their full potential.





Our small-group living approach makes everyone feel at home. It means that all of our residents feel that they are part of a close-knit, friendly community.



“The whole ethos of the care we offer is focused on small-group living, where residents can make friends and feel at home.”

Ross Bijak, General Manager

The Residence

It only takes one visit to know that Cramond Residence is a really special place.

Come in and you'll find yourself in a welcoming lobby, reception and café. Explore further and you'll find an incredible range of facilities on offer, from a private cinema and gym to spa baths and a luxury hairdressing salon. Outside there is a large landscaped garden, the perfect place for a walk or to relax.

SMALL-GROUP LIVING

To promote a real sense of community and belonging, the Residence is organised into nine individual homes, each providing a self-contained community. The homes have eight or nine generous en-suite bedrooms. All offer a choice of luxurious lounges, cosy snugs, dining areas and activity spaces for residents to enjoy. This is beneficial to our residents physical and mental health and helps residents reach their full potential.

Luxury Accommodation

Our rooms offer a high level of luxury and sophistication.

When it comes to their accommodation, residents can choose from an exclusive selection of suites. All suites have beautifully appointed en-suite shower rooms and offer the highest level of comfort and style.

LUXURY AND HOME COMFORTS

All our rooms are generous in size and finished to a very high standard. We provide the highest quality furniture and elegant decorations. To ensure that everything is as homely as possible, we encourage residents to personalise their rooms with pictures, ornaments and other small private items.



We're located in a lovely spot in the heart of the village of Cramond, close to the shore of the Firth of Forth, yet only 20 minutes from the bustle of Edinburgh city centre.





Life at Cramond

Our residents enjoy independent, interesting and fulfilling lives.

The lifestyle at Cramond Residence is relaxed, friendly and comfortable. Our residents can take each day at their own pace — whether that's reading a book, socialising with their friends or engaging in one of the many activities on offer.

NEVER A DULL DAY

Residents can also choose to take part in our varied menu of fun activities and outings. Other highlights include the delicious meals and snacks that are provided regularly by our talented chefs.

Activities

There is always something to see, do and be involved in at Cramond Residence.

Every week we offer a wide range of activities to help support residents' wellbeing and independence and to make life as fun and fulfilling as possible. Our experienced Lifestyle Co-ordinators are passionate about discovering residents' interests and hobbies, so they can tailor new activities to suit them.

WHAT ACTIVITIES ARE ON OFFER?

A typical week might involve afternoon tea at the Royal Botanic Gardens, bridge games, a screening of a popular film, a wine and cheese evening and a historical talk - something for everyone. Excursions are one of our most popular activities and we regularly take residents on trips to Cramond village, Edinburgh and the Lothians.

“We love planning fun activities and getting our residents involved and motivated. Our priority is finding out what our residents like, so that we can tailor a calendar of exciting events that we know people will enjoy.”

Lifestyle Team

Facilities

Our residents enjoy a wide range of luxury facilities – including a private cinema and gym.

At the heart of the residence you'll find an elegant communal dining room, lounge and conservatory. These provide an option for residents to use if they want a change from the similar facilities provided in their specific home communities. There is also a luxurious fine dining room, which is available for special occasions and private events. Residents can also use our well stocked cosy library and our dedicated games and activity room.

KEEPING EVERYONE HAPPY AND FIT

In our private cinema and function room residents can enjoy the latest movies in comfort and style. While our luxury hairdressing salon and nail bar offers a variety of beauty services. Completing the wellness journey is our gym, where we run physiotherapy and exercise classes.

The expertise and commitment of all the team ensures that Cramond Residence is somewhere people can really enjoy their later years, safe in the knowledge that the finest personalised care is always available.

Dining


One of the things that makes life at Cramond Residence special is the delicious food we serve.

We pride ourselves on using the finest ingredients to make tasty meals and snacks. Our residents love our varied menus and the care and attention that go into creating every meal.

FRESH LOCAL INGREDIENTS

All our meals are prepared in-house, using fresh seasonal produce, most of which are locally sourced. With our chefs constantly creating new, delicious dishes as part of our nutritious menu planning, our residents really look forward to meal times. Among the other culinary highlights are our home baking and snacks, which residents and their guests all find hard to resist.





“I am immensely proud to be part of such a dedicated team — our sole focus is to provide the best possible care to our residents at all times.”

Ross Bijak, General Manager

Our People

Our team at Cramond Residence are all experts with a passion for helping others.

General Manager Ross Bijak heads up a dedicated and deeply committed team of staff. Naturally, they are all trained to meet and exceed current best practice guidelines.

DELIVERING THE HIGHEST STANDARD OF CARE

Our care team are all highly experienced healthcare professionals. Calm, considerate and compassionate at all times, they form the heart of the Cramond Residence ‘family’ and form real bonds of affection, trust and friendship with the residents they care for. What shines through is their passion for their work.

PHYSIOTHERAPY AND LIFESTYLE EXPERTS

We have an exclusive partnership with Balanced, Edinburgh's premier physiotherapy provider, which has expertise in post-op, community and stroke rehabilitation. The team are also experts in fall prevention and the management of complex long-term conditions. They assess all new residents to see how they might benefit from physiotherapy and work with them on an individual basis. They also run a weekly Group Balance Class in our gym.

THE PEOPLE WHO MAKE LIFE FUN

Our Lifestyle Team is responsible for planning and implementing our wonderful range of activities and experiences. The team take pride in finding out what our residents desire through consultation and careful research. As well as working with residents, the lifestyle team also takes time to work with their families, so that everyone is involved and able to enjoy the activities on offer. Our aim is to help residents enjoy a richer and more satisfying life.



Our Chefs

Our team of talented chefs serve up something special everyday.

At Cramond Residence, we appreciate how important high quality, delicious and nutritious food is to our residents' wellbeing and happiness. That's why we have chosen chefs with real passion and flair to put together menus that would not be out of place in a fine restaurant.

A PASSION FOR GREAT FOOD

Leading the team is Patsy McKenzie. She brings a wealth of knowledge and a passion for excellence to our kitchen. Like Patsy, all of the catering team are committed to providing delicious cooking using high quality and wholesome ingredients from the local area. They take great pride in delivering a tasty and varied menu to our residents.

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“I prefer honest and straightforward cooking and I like making dishes that draw on quality and wholesome ingredients from the local area.”

Patsy McKenzie, Head Chef

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Arranging a Tour

We warmly invite you to drop in and find out more about the Residence.

We offer tours of our Residence where you can come and meet our team, see the Residence for yourself and talk to us about you or your loved one's needs. During the tour, you'll be able to see our facilities and be given more information on all aspects of the Residence.

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