September 2025 Activities & Events

Monday	Tuesday	Wednesday	Thursday	Friday,	Saturday	Bunday
1 11:00am-12:30pm Landscape Artist of the year (C) 3:00pm - 4:30pm Painting session (AR)	2 10:30am-12:30pm Physio Standing and Sitting Classes (PS) 3:00pm-4:30pm Gardening Club (CON)	3 -Hairdresser 11:00 am—12:30pm The wee museum of memory (O) 1:45pm - 3:30pm The singing group (O) 3:00pm- 4:30pm Play Chess (GR)	4 -Hairdresser 10:30am-12:30pm Physio Mobility and Seated Classes (PS) 3:00pm-4:30pm Arts & Crafts - Driftwood Boats (AR) 7:00pm-9:00pm Movie Night (C)	5 11:00am-12:30pm Mountain Bothies in Scotland (C) 3:00pm - 4:30pm R.N.L.I Visit (O)	6 11:00am-12:30pm Origami (AR) 3:00pm - 4:30pm Sing a long (C)	7 10:30am-11:30am Cramond Kirk Service (DSL) 10:00am-11:00am Catholic Service (RL) 11:00am—12:30pm Spa & Relaxation Day (S)
8 11:00am-12:30pm Hugo the harpist (c) 3:00pm-4:30pm Guided Meditation (C)	9 10:30am-12:30pm Physio Standing and Sitting Classes (PS) 10:30am—12:30pm Joy rides (O) 3:00pm-4:30pm Ring Throwing umbers Game (C)	10 -Hairdresser 10:00am-11:00am Therapet visit- Jura 11:00am-12:30pm Skittles (C) 3:00pm - 4:30pm Ratho barge trip (O)	11—Hairdresser 10:30am-12:30pm Physio Mobility and Seated Classes (PS) 3:00pm-4:30pm Poetry Session (L) 7:00pm-9:00pm Jack high (C)	12 11:00am-12:30pm Audiobook Club (L) 3:00pm - 4:30pm Beetle Drive (GR)	13 11:00am-12:00pm Musical Bingo (GR) 12:30pm - 4:30pm Still Life Painting (AR)	14 10:00am-11:00am Cramond Kirk Service (DSL) Catholic Service (RL) 11:00am-4:30pm Spa & Relaxation Day (S)
15 11:00am-12:30pm Mocktail time! (CC) 3:00pm - 4:30pm David Attenborough Documentary (C)	16 10:30am-12:30pm Physio Standing and Sitting Classes (PS) 3:00pm-4:30pm Furry friends (C)	17—Hairdresser 11:00am-12:30pm Scented bags workshop (SR) 4:00pm—6:30pm Fish and chips (O) (£)	18—Hairdresser 10:30am-12:30pm Physio Mobility and Seated Classes (PS) 3:00pm-4:30pm Knitting and Crochet Club (DVL) 7:00pm-9:00pm Movie Night (C)	19 11:00am-12:30pm Little monkeys Nursery Visit (C) 3:00pm - 4:30pm Forget Me Notes (C)	20 11:00am-12:30pm Flower Arranging (CON) 3:00pm - 4:30pm Brain Teasers (C)	21 10:00am-11:00am Cramond Kirk Service (DSL) Catholic Service (RL) 11:00am—12:30pm Spa & Relaxation Day (S)
22 11:00am-12:30pm Ball Games (C) 3:00pm-4:30pm Pictionary (GR)	23 10:30am-12:30pm Physio Standing and Sitting Classes (PS) 3:00pm-4:30pm Travel the world: Peru (C)	24—Hairdresser 10:00am-11:00am Therapet visit- Jura 11:00am-12:30pm Residents Council Meeting (C) 3:00pm—4:30pm Coffee at Craigies Farm (O)	25—Hairdresser 10:30am-12:30pm Physio Mobility and Seated Classes (PS) 3:00pm-4:30pm Nostalgia Session (C) 7:00pm-9:00pm Pub Night (CC)	26 10:30am 12:30 Macmillan Coffee morning (CA) 3:00pm - 4:30pm Autumn Wreaths (AR)	27 11:00am-12:30pm Spanish class (DVL) 3:00pm - 4:30pm Ballet on the big screen (C)	28 10:00am-11:00am Cramond Kirk Service (DSL) Catholic Service (RL) 11:00am—12:30pm Spa & Relaxation Day (S) 3:00pm-4:30pm Watch a musical (C)
29 11:00am-12:30pm Painting session (L) 3:00pm-4:30pm Literary talk: Agatha Christie (DVL)	30 10:30am-12:30pm Physio Standing and Sitting Classes (PS) 3:00pm-4:30pm Quiz Afternoon (C)	Activity Location Key Ground Floor: Cinema Room (C) Café/Reception (CA) Cramond Club (CC) Garden (G) Ground Dining Room (GDR) Conservatory (CON), Drumsheugh Lounge (DSL) (Physio Suite PS) First Floor: Sensory Room (SR), Salon (S), Ravelston Lounge (RL), Cluny Lounge (CL) Second Floor: Art Room (AR), Library (L), Games Room (GR) Dean Village Lounge (DVL) Other: Outing with costs associated (£), Outing NO costs associated (O), Garden/Cinema (G/C) weather permitting (WP)				

08.001 Issue 1.0